

April 2008 Newsletter

- **New Telephone number and e-mail address**
 - Session rates
- **Grief and Loss Workshop, flier on back of newsletter**
 - Videos
 - Books
 - **Upcoming Workshops**
- **My new office telephone number is: 360-861-8184 or my cell phone 360-470-3525. My new e-mail address is: joannewieser@comcast.net**
 - **Rates per session**

There seems to be some confusion about rates that I charge and when payment is due for therapy sessions. I have listed in my disclosure statement my rate per hour. I explain my rates in the first session with both the client and my signature of acknowledgement that is placed in each clients file. I charge **\$112.50** for the 1st session and **\$75.00 per hour** for individual office sessions. If a person wants me to bill their insurance the **co-payment is due at each and every session**. As a courtesy I submit insurance forms but it is the client's responsibility to insure that my services are paid. I do not extend credit. If you have any questions, please contact me.

- **Preferred Provider for Insurances**

- Aetna (by the 1st of May, check with your insurance)
- Community Health Plan
- First Choice Health
- Molina
- Premera (as of 3/24/08)
- Regence (WA only) as an Ad Hoc provider
- Tricare
- Uniform

Note: the insurance companies have many different plans with many different companies. I may or may not be a preferred provider due to the plans. Please contact your insurance company. I am also a provider for some EAP's. Please contact your company resource person for more information.

- **Grief & Loss Workshop, Saturday, April 12th from 10AM to 11AM. The cost is \$10.00.**
Please call to sign up for the workshop as space is limited. Please see flier on back of newsletter.

- **Videos about Grief and Loss**

Terms of Endearment
Ordinary People
Marvin's Room; terminal illness
Nothing in common; father's illness

- **Books about Grief and Loss**

The Grief Club, the Secret of Getting through all kinds of Change by Melody Beattie
Final Passages by Ahronheim & Weber
Motherless Daughters by Hope Edelman

- **Upcoming Workshops:** Please check each month as the dates may change.
Mothers and Daughters, May 10th, 10 AM to 11AM
Fathers and Sons, June 14th, 10AM to 11AM
If you missed attending a past workshop, please call as I will be scheduling workshops for the fall.